



SOUTH WESTERN ONTARIO REGIONAL WADO-RYU KARATE -DO ORGANIZATION

Members of MAPDA

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UNMEI

NON-CONTACT INVITATIONAL TOURNAMENT

Which is a sanctioned event operating under our

MAPDA RULES

SATURDAY APRIL 11, 2026

McKinnon Park Secondary School

91 Haddington St., Caledonia, Ontario

**DOORS OPEN-9:00 AM COMPETITION STARTS-10:00AM MEETING-9:30AM FOR
BLUE, BROWN & BLACK BELTS**

To compete in Kumite (sparring) you must compete in Kata.

Pre-Registration

All Events - \$25.00 Family Rate (3+) - \$55.00

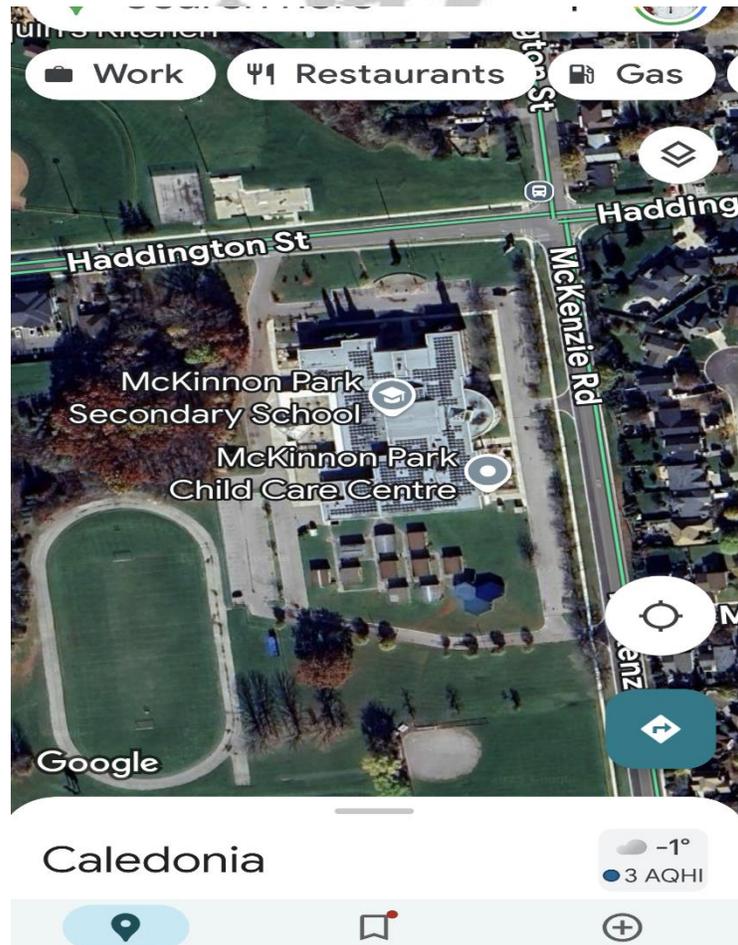
PLEASE EMAIL REGISTRATION FORMS TO: SWORWK@GMAIL.COM

PLEASE ONLY SEND E-TRANSFERS TO: SWORFUND@MAPDA.CA

****Please include the competitors NAME and CLUB with the E-Transfer****

Please Note:

There is ample parking in the front and rear of the school. If you are headed south on Hwy #6 or Argyle St., turn left at Haddington St. at the lights with McDonald's on the corner and the school is at the next stop sign on the corner of Haddington St. and McKenzie Rd. 91 Haddington St. Caledonia.



SOME RULES

1. NON-CONTACT.

2. NO SWEEPS.

3. NO

**TECHNIQUES OF ANY KIND TO THE BACK OR
SPINE AREA.**

**4. NO SPINNING TECHNIQUES UNLESS
AT BLACK BELT LEVEL AND EXECUTED
PROPERLY.**

**5. PROPER KUMITE EQUIPMENT MUST
BE WORN, HAND PADS & MOUTH GUARDS ARE MANDATORY.**

**6. GROIN PROTECTION AND FOOT PADS ARE
RECOMMENDED.**

PLEASE NOTE

**Medals will be handed out at the end of each
division!!**

NOTE: All divisions are subject to change, depending upon the
number of competitors in each division.

www.mapda.ca / www.swormartialarts.com

REQUIRED KATAS FOR MAPDA MEMBERS

White – Aihon, Chonan, Pinan Shodan

Yellow – Aihon, Pinan Shodan, Pinan Nidan

Orange – Pinan Sandan, Sai Sho, Chonan Shodan

Green – Pinan Yondan, Tai Sai, Sankyu

Blue / Purple – Pinan Godan, Shopei

Brown – Pinan Godan, Kushanku

Shodan – Nihanchin, Chocodo

Nidan – Sai Shan, Sai Shun Tai

Sandan – Chinto or Kempei

Yondan – Wanshu or Gohonshu

Godan – Gensho, Gensho Shodan

Note: Only Kyu Belts (White to Brown) will be able to pick a kata from their rank and or previous rank. Example: Green belt can pick kata from orange belt list as well.

KATAS MUST NOT BE MODIFIED.

NOTE: All divisions are subject to change, depending upon the number of competitors in each division.

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REQUIRED KATAS FOR GUESTS

White – Taikyoku Shodan (Kihon Kata)

Yellow – Heian Shodan, Heian Nidan

Orange – Heian Nidan, Heian Sandan

Green – Heian Sandan, Heian Yondan

Blue / Purple – Heian Yondan, Heian Godan

Brown – Heian Godan, Tekki Shodan, Bassai Dai, Jion, Ji'in,
Jitte

Black Belt Ranks

Can choose a Kata from the list below.

Jion, Ji'in, Jitte, Bassai Dai, Bassai Sho, Tekki Shodan, Tekki Nidan, Tekki Sandan, Kanku Dai, Kanku Sho, Enpi, Hangetsu, Gankaku, Nijushiho, Meikyo, Chinte, Sochin, Gojushiho Sho, Gojushiho Dai, Wankan, Unsu

NOTE: Only Kyu Belts (White to Brown) will be able to pick a kata from their rank and or previous rank. Example: Green belt can pick kata from orange belt list as well.

KATAS MUST NOT BE MODIFIED.

NOTE: All divisions are subject to change, depending upon the number of competitors in each division.